



# WOMEN LIKE US

*Feeling overwhelmed, overworked, overweight and OVER IT?*

Stand-up comedians Mandy Nolan and Ellen Briggs have joined forces for the first time to write a very funny collection of stories that examines what it means to be a woman, in today's social media dominated world. And it ain't always easy.

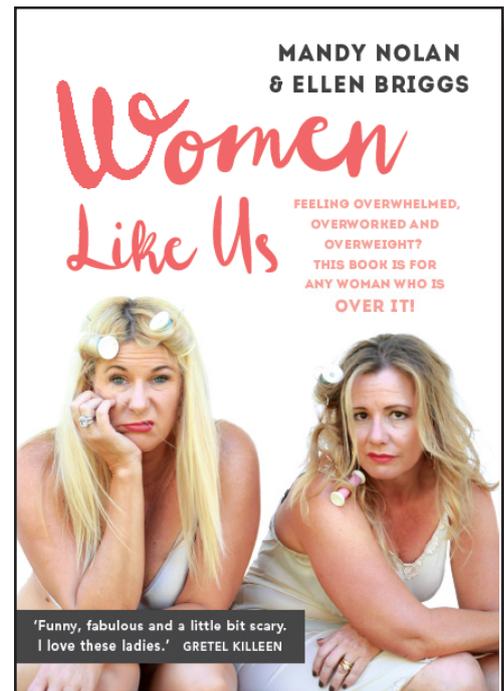
Thanks to biology, ageing and the complex requirements for social validation (i.e. wax yourself, lose weight, get bigger boobs, a smoother forehead, a smaller butt, no hang on, make that a smaller waist and a bigger butt) today's women never run out of reasons to hate themselves or feel they 'are not enough'. The messages are beamed from TV, from billboards, from magazines.

Well, Mandy and Ellen have had it. They've drawn a line in the sand ... and this time they're not going to sweep it up!

*Women Like Us* is for anybody who is feeling cranky and fed up with being told what they should look like, feel like and how to 'behave'. Using hilarious accounts of their own lives Mandy and Ellen discuss how they have come to a point where they realise they are never going to be perfect and they are just fine with that.

They discuss a wide range of topics including early forays into feminism, the terrors and angst of parenting, female friendships, botox, body image, aging parents, teenagers, juggling work life with home life, snooty sales assistants, domestic violence and coping with mental illness.

So if you are feeling completely over all the media dazle that points you one way then another, or sick of the opposing forces that make you feel guilty if you are a working mother and yet make it impossible to pay the rent or home loan unless you have a job, or you are just plain tired of trying to please everyone, be a valued member of the community and still have nice hair, then this book is for you! You are WOMEN LIKE US!



'Funny, fabulous and a little bit scary. I love these ladies.'

Gretel Killeen

## BOOK INFORMATION

**Title:** *Women Like Us*  
**Authors:** Mandy Nolan and Ellen Briggs  
**ISBN:** 9780648100836  
**Format:** 224 pp, 215 x 152 mm  
**Price:** \$27.99  
**Date:** 1 May 2018  
**Genre:** Humour/Memoir

## MEDIA & MARKETING

- Mandy Nolan and Ellen Briggs's comedy Show 'Women Like Us' has been a successful hit since it began in early 2015. Mandy and Ellen will be touring the show again in Sydney and Melbourne in April/May/June 2018.
- Mandy and Ellen will launch the book in their hometown of Byron followed by a Sydney/Melbourne launch to coincide with their touring. Dates to follow.
- Mandy's profile as a speaker and host has increased since her successful stint at the 2017 Byron Writers Festival wrangling Jimmy Barnes, Clem Ford and Tex Perkins.
- Ellen Briggs is one of the most sought after, relatable comedians in the country.
- Book targets all women who are feeling a bit overwhelmed by the pressures of modern life - namely half the population!
- Tackles all the big issues for women, as well as the small, in an entertaining and laugh-out-loud way
- Positioned for a great Mother's Day gift in May.
- Web series based on the show and book to begin late 2018.



*'Ellen Briggs is possibly the funniest comedian I have ever seen.'* Trevor Hendy

*'Mandy Nolan is hilarious with a wicked, wicked sense of humour.'* Olivia Newton John



## About the authors

**Mandy Nolan (right)** is an author, stand up comedian, mother of five, MC and comedy instructor. She is a regular columnist for the *Byron Shire Echo*. She has appeared on ABC's *Q&A*, SBS's *Mums The Word & About Women* and is in demand as a corporate and club performer around the country. Nolan performs sell out shows regularly at the Melbourne International Comedy Festival. Mandy was also invited to perform at the 2016 Upfront Gala at Melbourne Town Hall showcasing the brightest female talent at the festival. She is the author of three books and lives in Mullumbimby.

**Ellen Briggs'** easy going, friendly nature belies the dark wit that lurks beneath. She has made an art form of sneaking in politically incorrect jokes at the end of her 'nice yarns'. She was a national Finalist in Melbourne International Comedy Festival's search for new talent in 2007 and winner of Foxtel Comedy Channel's 'Be A Comedian'. She lives on her farm in Mullumbimby with her husband, twin boys and various animal family members.